



Report on Pre-Internship Programme

The Pre-Internship Programme organized by Zainab Memorial B.Ed Centre, Cherkala, was conducted successfully on 25 June 2026 at 2:50 PM in the College Auditorium. The programme was designed to prepare future teachers for their upcoming internship by providing practical insights into teaching methodologies, classroom management, and activity-based learning strategies.

The programme was led by Ms. Sujmol T, Assistant Professor of Physical Education, who served as the resource person. The session aimed to empower student teachers with the skills, confidence, and professional competencies required for effective teaching practice. The theme of the programme, “Teach. Move. Inspire.” reflected the importance of active and engaging

teaching approaches in modern education.

The event commenced with a warm welcome to the participants and an introduction to the objectives of the programme. A large number of B.Ed trainees attended the session with great enthusiasm and interest. The resource person shared valuable experiences and practical suggestions that would help the trainees perform effectively during their internship period.

One of the major highlights of the programme was the demonstration of physical education teaching techniques and activity-based learning methods. The session emphasized the significance of student engagement, interactive teaching, and the use of innovative classroom strategies. The participants were encouraged to adopt learner-centered approaches and create meaningful learning experiences for school students.

The resource person also discussed the importance of lesson planning, communication skills, classroom discipline, and professional ethics. Through interactive discussions and examples, the trainees gained a better understanding of how to manage classroom situations effectively and establish positive

relationships with learners. Recreational activities and participatory learning methods were introduced to demonstrate how teaching can be made enjoyable and productive.

The programme provided opportunities for active interaction between the resource person and the participants. The trainees raised questions regarding internship challenges, classroom management, and effective teaching practices. The resource person addressed these concerns and motivated the students to approach their internship with confidence and dedication.

The photographs taken during the programme clearly reflected the active participation and keen interest of the trainees. The auditorium witnessed an engaging learning environment where students attentively listened to the resource person and actively participated in discussions. The session successfully created awareness about the practical aspects of teaching and inspired the trainees to become competent and innovative educators.

The Pre-Internship Programme concluded with a vote of thanks. The participants expressed their appreciation for the informative and interactive session. Overall, the programme proved to be highly beneficial in enhancing the professional readiness of the B.Ed trainees and equipping them with essential teaching skills. The event was a meaningful step toward preparing future educators who can contribute effectively to the field of education and inspire the next generation of learners.

